



The Lake District - Cumbria www.ullswater.com

This guide gives you a brief insight in to the many places to visit and things to do in the Ullswater area. These range through walking and mountain biking on the high fells for the fit and able (read the advice in the Tourist Information Centre); rambling and cycling in the valleys; enjoying the lake by steamer, yacht or row boat, sail board, fishing, diving; visiting churches and historic houses; enjoying local galleries and shops - watch out for the excellent local food; and crafts enjoying the attractions at Rheged (including wide screen cinema) and eating out in the many traditional public houses, tearooms and restaurants. You can of course just sightsee and sit and admire the beautiful scenery and capture it all on your camera.

This information is given in good faith – please check details at the local Tourist Information

Centres or websites

This guide has been produced by the Ullswater Association, a group of local tourism businesses with support from the Rural Development Programme England.

Enjoy your stay

# Use the map in the centre fold to identify locations

### Locality 1 HARTSOP

the road.

A delightful hamlet at the upper reaches of Ullswater. There is some parking at the eastern end of the hamlet giving excellent access to the fells. A large car park on the A592 at Bridgend for easy walking by Brothers Water and the fells to the west of

The Brothers Water Hotel offers excellent food and drink after your walk www.sykeside.co.uk

#### Locality 2 PATTERDALE

A small village at the southern end of the lake with hotels <a href="https://www.coast2coast.co.uk/">www.coast2coast.co.uk/</a>
thewhitelioninn, village shop and Post
Office that must be visited for its excellent home baked bread. St Patrick's Church is a magnificent building well worth a visit.
Lots of local valley walks to allow you to work up an appetite. Printed guides are available from the shop.

## Locality 3 GLENRIDDING

The largest community at the southern end of the lake with ample parking and a Tourist Information Centre. Lots of cafes, shops, restaurants, hotels, public houses and one of the few petrol filling stations in the area. The Ullswater Steamers <a href="https://www.ullswater-steamers.co.uk">www.ullswater-steamers.co.uk</a> operate from the pier northwards to Pooley Bridge and Howtown. Rowing boats, launches can also be hired and yachts for the sailors.

There is a quiet road leading westward from the village in to the fells giving you a safe walking route if you want to experience the grandeur of the mountains on an easy route.

# Locality 4 AIRA FORCE

Aira Force is a National Trust property <a href="http://tinyurl.com/ykllw29">http://tinyurl.com/ykllw29</a> offering woodland walks alongside Grove Beck as it tumbles over spectacular waterfalls. An excellent place to walk on a windy day. There is a café at the site or you can take the A5911 a short way northward to the 16th century Royal Hotel at Dockray.

www.the-royal-dockray.co.uk There is an interesting church beyond the Hotel on the right travelling north.

### Locality 5 TROUTBECK

Not to be confused with the Troutbeck on the road to Windermere – ours is located on the A66 to the north west of Ullswater. A small community with a country pub the Troutbeck Inn serving good food.

www.troutbeckinn.co.uk

Close by is the Rookin House Activity
Centre <a href="www.rookinhouse.co.uk">www.rookinhouse.co.uk</a> where you
can enjoy horse riding, quad biking and a
range of other outdoor activities.
The Sportsman lands just off the A66

The Sportsman Inn is just off the A66 towards Penrith and Cockfield fly fishing and farm shop adjacent.

## Locality 6 GREYSTOKE

An estate village centred around Greystoke Castle – a private residence but does offer training courses in the grounds. The village has a shop, Boot and Shoe public house and a heated open-air swimming pool – great for children <a href="https://www.greystokepool.btik.com">www.greystokepool.btik.com</a> Greystoke Cycle Café is a great place to stop for tea and they also run quirky courses. <a href="https://www.greystokecyclecafe.co.uk">www.greystokecyclecafe.co.uk</a> St Andrew's Church is worth a visit <a href="https://www.visitcumbria.com/pen/chp11.htm">www.visitcumbria.com/pen/chp11.htm</a> The Clickham Arms is a short way along the road to Penrith.

## Locality 7 PENRUDDOCK

A small community just off the A66. While the origin of its name is not certain, it is known that Pen is a Celtic name for 'hill' and 'rhuddawc' means red in Welsh. There is a shop and post office in the village but most visitors are looking for The Herdwick Inn www.herdwickinn.com

### Locality 8 WATERMILLOCK

A dispersed community on the west side of Ullswater half way along the lake.

All Saints' Church is a historic building in a beautiful location built in 1881. To find the church take the turning from the lake side road at the Brackenrigg Inn

www.brackenrigginn.co.uk

A nice excursion is to dine at the Inn then take a leisurely drive along the country lane adjacent to the Inn to the church which is open during daylight hours.





Leeming House and Rampsbeck Hotels offer refreshments in style overlooking the lake.

## Locality 9 MARTINDALE

The minor road along the east side of Ullswater brings you to the small community of Martindale. A pleasant way to get there is to take the Steamer to Howtown and spend the day walking in the locality around and over Hallin Fell. From the top of the Fell there is a magnificent view of the lake and mountains. For those wanting a less strenuous walk take the path along the lake shore to Sandwick, a peaceful bay on the lake.

St Martins church is a single chamber constructed in 1634 of stone lies at the top of the winding road leading from Howtown. A former church from the 13<sup>th</sup> century occupied the site at one time. A beautiful small rural church well worth a visit for quiet reflection.

Howtown Hotel near the pier is the place for refreshments.

# Locality 10 DACRE

A small community with a long history <a href="http://tinyurl.com/ykkuan2">http://tinyurl.com/ykkuan2</a>

There is a church of great historical interest that is thought to occupy the site of a monastery There is a small castle at Dacre – in private ownership.

The Horse and Farrier public house www.horseandfarrierdacre.co.uk has much to offer the visitor.

Within the parish on the main road to Penrith is Dalemain www.dalemain.com one

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of the most splendid country houses and gardens in the area.

# Locality 11 POOLEY BRIDGE

The main settlement at the north end of Ullswater with shops, public houses, restaurants, post office and Tourist Information Centre. There are large car parks at each end of the river bridge and street parking in the square. Ullswater Steamers leave the pier a short walk out of the village along the north end of the lake and sail to Howtown (see

Locality 9 Martindale) and onward to Glenridding. Seeing the area by steamer has much to recommend it giving interesting views of the locality.

Two miles south of Pooley Bridge on the road along the east side of the lake is

www.ullswateryachtclub.org offering sailing for the enthusiastic visitor and novice.
Close by is pony trekking at Park Foot www.parkfootullswater.co.uk

The world famous Sharrow Bay hotel is close by, an excellent place for high class afternoon tea <a href="https://www.sharrowbay.co.uk">www.sharrowbay.co.uk</a>

## Locality 12 BAMPTON

Ullswater Yacht Club.

Bampton lies near to the head of the Lowther valley, a small community with a shop/post office and the Mardale Inn www.mardaleinn.co.uk At Bampton one can bear south past the Inn and travel to Burnbank below the Haweswater dam. Park courteously in the hamlet and you can take a path along the north west side of the

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reservoir and enjoy open countryside – watch for eagles and deer.

Passing Burnbank the road follows the opposite side of the reservoir to the head of the valley, roadside parking allows walking in the high fells at the head of the valley. Refreshments and accommodation can be had at the Haweswater Hotel www.haweswaterhotel.com

Alternatively from Bampton bear south east to Bampton Grange and visit the magnificent St. Patrick's Church, a church has been sited here since the 12th century. Continue on towards Shap and watch for the signs indicating right to Shap Abbey www.visitcumbria.com/pen/shapab.htm a property under the care of English Heritage.

13 Locality 13 ASKHAM AND HELTON Askham is a delightful village around a village green with lots of footpaths in to the surrounding countryside. There is a village shop/post office and two public houses. The village has a heated outdoor swimming pool for a summer splash. Two churches can be visited whilst here, St Peter's on the village side of the bridge at the east end of the village. On the east side of the bridge at the top of the hill is St Michael's Church, standing opposite Lowther Castle which contains memorials to the Lowther family. Just to the south of Askham is the village of Helton. Drive in to the village and take the road uphill on to Askham Fell. Here is fairly level moorland walking with lots of earthworks and from the western edge

magnificent views across Ullswater and the mountains beyond.

Locality 14 **TIRRIL AND SOCKBRIDGE**The village is very much a commuter village to Penrith however it does have a public house <a href="www.queensheadinn.co.uk">www.queensheadinn.co.uk</a> and petrol filling station with a small shop. Sockbridge Pony Trekking is close by. Another public house is at Yanwath a short distance to the east <a href="www.yanwathgate.com">www.yanwathgate.com</a> St Michael's church at Barton between Tirril and Pooley Bridge is a 12<sup>th</sup> century church of architectural interest.

## Locality 15 STAINTON

A large dormitory village just to the west of Penrith with good facilities for visitors. The landmark is the Rheged Visitor Centre <a href="https://www.rheged.com">www.rheged.com</a> which offers all weather facilities for visitors with excellent wheelchair/buggy access to all levels. Certainly the place to visit in inclement weather with shops, cafes, galleries, play areas and huge 3D cinema. The petrol filling station has a small shop for provisions. In Stainton village there is the Kings Arms public house and close by the award winning Greystonehouse Farm Shop and Tearoom

www.greystonehousefarm.co.uk
On the edge of the village is the Alpaca
Centre with tearoom and shop
www.thealpacacentre.co.uk
There is an
onsite store for sculpture artists www.gsspecialist-timber.co.uk
supplying Cumbrian
timber and tools to artists. Very quirky.

#### Ullswater is readily reached by public transport

#### **By Train**

Fast intercity trains run to Penrith between
Glasgow and London. Train times on
www.thetrainline.com
Taxi and buses then offer
a forward service along Ullswater to Patterdale

#### **By Bus**

The 108 service from Penrith to Patterdale runs all the year. In summer the 517 runs from Bowness on Windermere runs to Patterdale and the 208 service from Keswick on Derwentwater to Patterdale.

Check times on www.traveline.info

#### **By Cycle**

Cycle hire is available in Penrith

www.arragonscycles.com

Hire Cars readily available in Penrith

#### **Tourist Information Centres:**

Check here for events and shows during your stay.

Penrith 01768 867466 pen.tic@eden.gov.uk

Pooley Bridge 017684 86530 Pooleybridgetic@lake-district.gov.uk

Glenridding 0178684 82414 ullswatertic@lake-district.gov.uk

Rheged 0178688 68000 enquiries@rheged.com

Images of the area at www.countrysidecamera.co.uk

Details of the Free Ullswater Outdoor Festival can be found at www.ullswater.com









